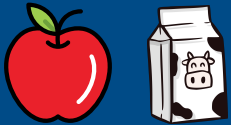


MVBGC AFTER SCHOOL MENU

SEPTEMBER 2024

MENU SUBJECT TO CHANGE. PLEASE INFORM STAFF OF ANY FOOD ALLERGIES. CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

FRESH FRUIT
& MILK
AVAILABLE DAILY



T 9/3

MINI BEEF
TACOS
W/ SALSA &
GUACAMOLE

W 9/4

CHEESE OR
PEPPERONI
PIZZA
W/ CARROT
STICKS

TH 9/5

TURKEY &
CHEESE
SLIDERS
W/ CHIPS

F 9/6

WAFFLES
W/ BACON

M 9/9

HOMEMADE
MUFFINS &
FRESH FRUIT
SMOOTHIE

T 9/10

LOADED NACHOS
W/ ALL THE
FIXINGS

W 9/11

CHEESE OR
PEPPERONI
PIZZA W/
CARROT STICKS

TH 9/12

MAC-N-CHEESE &
SLICED ORANGES

F 9/13

BEEF BURGER
SLIDERS
W/ CHIPS

M 9/16

HOMEMADE
MUFFINS &
FRESH FRUIT
SMOOTHIE

T 9/17

CHICKEN &
CHEESE BURRITO
W/ SALSA &
GUACAMOLE

W 9/18

CHEESE OR
PEPPERONI
PIZZA
W/ CARROT
STICKS

TH 9/19

CHICKEN RAMEN
& EDAMAME

F 9/20

PANCAKES &
BACON

M 9/23

HOMEMADE
MUFFINS &
FRESH FRUIT
SMOOTHIE

T 9/24

CHEESE &
VEGGIE
QUESADILLA
W/ SALSA &
GUACAMOLE

W 9/25

CHEESE OR
PEPPERONI
PIZZA
W/ CARROT
STICKS

TH 9/26

PASTA &
MEATBALLS
W/ CAESAR
SALAD

F 9/27

HOT DOG
W/ CHIPS

M 9/30

HOMEMADE
MUFFINS &
FRESH FRUIT
SMOOTHIE

MVBGC DEPOIS DO MENU ESCOLAR

SETEMBRO DE 2024

MENU SUJEITO A ALTERAÇÕES. POR FAVOR INFORME A EQUIPE SOBRE QUALQUER ALERGIA ALIMENTAR. O CONSUMO DE CARNES CRU OU MAL COZIDAS, AVES, MARISCOS, MARISCOS OU OVOS PODE AUMENTAR SEU RISCO DE DOENÇAS DE TRANSMISSÃO ALIMENTAR, ESPECIALMENTE SE VOCÊ TIVER CERTAS CONDIÇÕES MÉDICAS.

FRUTA FRESCA
& LEITE
DISPONÍVEL
DIARIAMENTE



T 9/3

MINI TACOS DE
CARNE COM
SALSA E
GUACAMOLE

W 9/4

PIZZA DE
QUEIJO OU
PEPPERONI
COM PALTOS DE
CENOURA

TH 9/5

SLIDERS DE
PERU E QUEIJO
COM CHIPS

F 9/6

WAFFLES COM
BACON

M 9/9

MUFFINS
CASEIROS E
FRUTAS FRESCAS

T 9/10

NACHOS
CARREGADOS
COM TODAS AS
FIXAÇÕES

W 9/11

PIZZA DE QUEIJO
OU PEPPERONI
COM PALTOS DE
CENOURA

TH 9/12

MAC-N-CHEESE E
LARANJAS
FATIADAS

F 9/13

SLIDERS DE
BURGER DE
CARNE COM
CHIPS

M 9/16

MUFFINS
CASEIROS E
FRUTAS FRESCAS

T 9/17

BURRITO DE
FRANGO E
QUEIJO COM
SALSA E
GUACAMOLE

W 9/18

PIZZA DE QUEIJO
OU PEPPERONI
COM PALTOS DE
CENOURA

TH 9/19

RAMEN DE
FRANGO E
EDAMAME

F 9/20

PANQUECAS E
BACON

M 9/23

MUFFINS
CASEIROS E
FRUTAS FRESCAS

T 9/24

QUESADILLA DE
QUEIJO E
VEGETAIS COM
SALSA E
GUACAMOLE

W 9/25

PIZZA DE QUEIJO
OU PEPPERONI
COM PALTOS DE
CENOURA

TH 9/26

MASSA E
ALMÔNDEGAS
COM SALADA
CÉSAR

F 9/27

HOT DOG COM
CHIPS

M 9/30

MUFFINS
CASEIROS E
FRUTAS FRESCAS